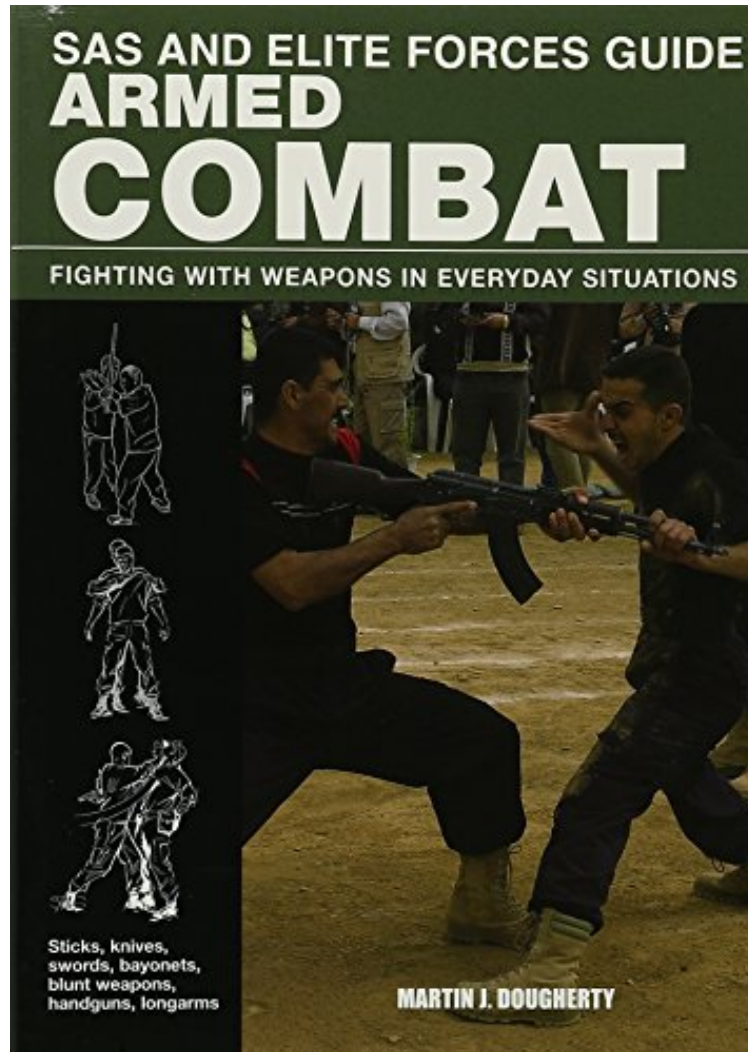


SAS and Elite Forces Guide Armed Combat: Fighting With Weapons In Everyday Situations

Martin Dougherty

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Martin Dougherty : SAS and Elite Forces Guide Armed Combat: Fighting With Weapons In Everyday Situations before purchasing it in order to gauge whether or not it would be worth my time, and all praised SAS and Elite Forces Guide Armed Combat: Fighting With Weapons In Everyday Situations:

0 of 0 people found the following review helpful. Brilliant By JackMeTickler Although a few techniques are duplicated from his earlier 'self defence' book, this is yet again a quality reference book regarding armed defence and techniques AGAINST armed attack. Brilliant.

The book explores the different uses of hand weapons, from pistols to semiautomatics to sniper rifles, from flick knives to machetes, from stun grenades to CS gas, from knuckle-dusters to nunchaku sticks. With tips and techniques from combat experts, the book explains which weapon to choose for given situations and how to use each weapon. With more than 300 easy-to-follow illustrations and handy pull-out lists of key training tips, *Guns, Knives and Other Personal Weapons* is the definitive guide for anyone wanting to be ready for anything.

About the Author Martin J Dougherty is a Master Level Assessor with the Self-Defence Federation, holding black belts in two styles of Ju-Jitsu as well as self-defence. His martial arts career has encompassed ju-jitsu, kickboxing and self-defence as well as military combative systems. Martin has written books on a variety of subjects including self-defence and warfare in addition to his work in the defence and security industry, where he is an expert on weapon systems and asymmetric conflict. He is author of *Small Arms: From the Civil War to the Present Day*, *Warriors of the World: The Ancient Warrior*, *Weapons and Fighting Techniques of the Medieval Warrior*, *The Art of Self Defense*, and *SAS and Elite Forces Guide to Extreme Unarmed Combat*.