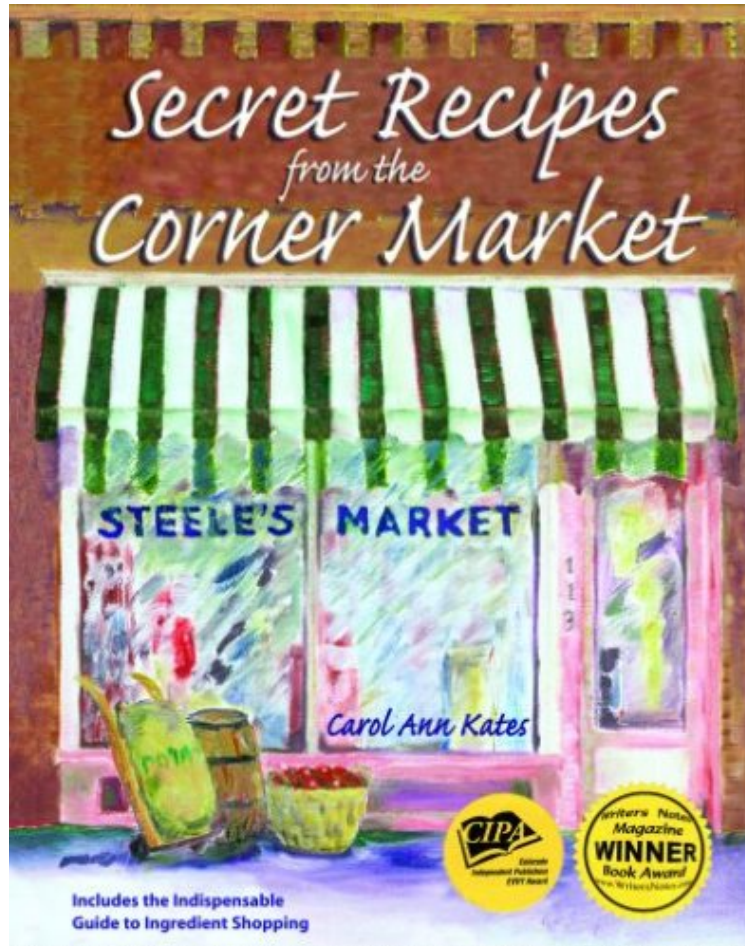


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Secret Recipes from the Corner Market

Carol Ann Kates

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Carol Ann Kates : Secret Recipes from the Corner Market before purchasing it in order to gage whether or not it would be worth my time, and all praised Secret Recipes from the Corner Market:

0 of 0 people found the following review helpful. Steele's Market Iconic Cookbook By Warren carol Ann Kates, a member of the beloved family that brought Steele's Markets to northern Colorado, writes a book that's worth its price just for the historical introduction. Then there are the recipes ... like the icing on the cake. Good service and quick delivery, too. 0 of 0 people found the following review helpful. Finally -- a useful cookbook!! By Carolyn C Hansen The book is great! The recipes are very creative but reasonable to use. The stories and pictures make the book a good read as well as a useful organizer for all kinds of meals and special occasions. 0 of 0 people found the following review helpful. Recipe Book with Unique Information By Dr. Kaaren Douglas Loved the variety of information in this cookbook. I'm a history buff, and a cookbook fanatic, and I got nourished in two ways with this book. It took me back to growing up in Colorado in the introduction, and I loved the pictures. The recipes are terrific, but one thing that makes the book unique is all the extra information. For example, the section on Appetizers starts with Tips For Buying

and Storing Dairy Products. The author covers Shopping, Checking Out, Using and Storing Dairy Products at Home, Freezing Butter, Safe Refrigeration Times, Tips for Buying and Storing Cheese, etc. I've never seen anything like this in another cookbook. Later in the book she had another large section on Selecting Superior Produce. We can all use that. The information there is encyclopedic and very valuable. She also had a section on herbs, and eggs. Super fun read. It would make a great gift. Dr. Kaaren Douglas, Author of Strategic Follow Up

The DENVER POST Food Staff selected SECRET RECIPES FROM THE CORNER MARKET as one of their top ten favorite cookbooks in December, 2006. This award-winning cookbook has received the following honors: First Place in the CIPA EVVY Awards, 2006. Notable in the Writers Notes Book Awards, 2006. Honorable Mention in the Writers Digest 14th Annual International Book Awards. A delightfully delicious collection of family-friendly recipes developed and perfected by Ingredient Authority, Carol Ann Kates. A former grocer and deli operator, Kates spills the beans and reveals shopping secrets known only to grocers. Readers learn to select only the best ingredients for savory results. Kates also shares storing tips that help the readers save money by maximizing the life of perishable products. This book will change the way the reader shops and improve the meals he/she prepares.

A must for the cookbook enthusiast, new bride, or even casual cook. --Pat Kendall, Professor and Extension Specialist, Colorado State University, November 24, 2005 This book changed the way I shopped. --Pam Fellers, Housewife, December 20, 2005 The pineapple salsa and guacamole recipes are worth the price of the cookbook. --Susan Selby, Teacher, January 6, 2006 About the Author Born the daughter of a simple grocer, Carol Ann Kates grew up in the corner market environment, living and breathing the grocery business. Over the years, Ms. Kates learned to select superior products much like other children learn the alphabet. She garnered her most valuable lesson about cooking from her father. Great food begins with shopping. The quality of ingredients used when preparing a meal is just as important as the recipe. Spending the majority of her adult life owning and operating supermarkets and delis in Northern Colorado, Ms. Kates gained invaluable insight into the culinary preferences of the average American and expertise in the preparation of these dishes. This background earned her the title "the authority on ingredient shopping." She can maneuver her way through a supermarket, select the most delectable products, and prepare a savory meal. SECRET RECIPES FROM THE CORNER MARKET is a practical and usable collection of recipes in which she shares insider tips about food. Developed for her customers to give them creative ways to use everyday products found in a supermarket, these family-tested, customer-approved recipes became a popular item to clip and try. Ms. Kates attended the University of Washington where she received a degree in anthropology. This training brings a cultural approach to her work, creating a corner market environment in her cookbook by giving her readers very personal advice about shopping--the same advice one used to get when patronizing a mom-and-pop establishment. She also takes her readers back in time with a sprinkling of historical tidbits about food as well as changes in the grocery shopping experience.