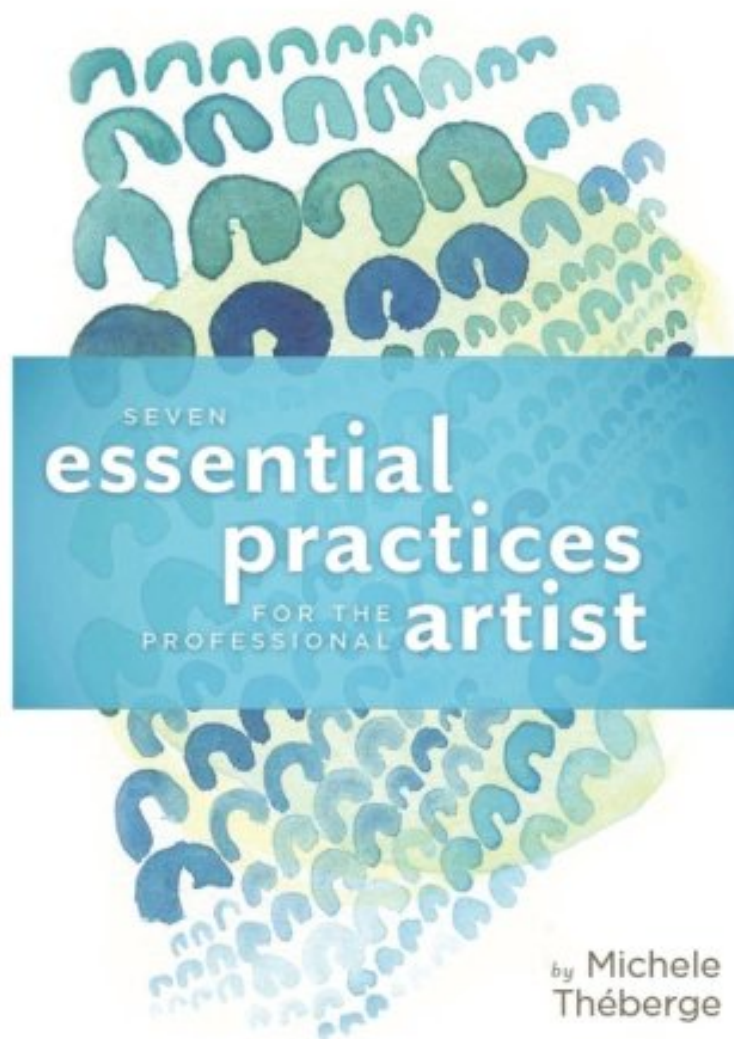


(Pdf free) Seven Essential Practices for the Professional Artist

Seven Essential Practices for the Professional Artist

Michele Thberge

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Michele Thberge : Seven Essential Practices for the Professional Artist before purchasing it in order to gage whether or not it would be worth my time, and all praised Seven Essential Practices for the Professional Artist:

0 of 0 people found the following review helpful. Four StarsBy wordywomangreat advice for artists. thanks!6 of 6 people found the following review helpful. Invaluable Tips for Any Artist in an Easy To Read FormatBy

Lisa(Disclaimer: While I enjoy knowing the artist, and thus, that her written words are honestly reflective of her life, I write the following review solely based upon my experience of the book. I offer a fully honest review in hopes that it helps others contemplating this book.)In this book, Michele has managed to capture the important messages of long books on art, business-life management, and mindfulness into one, easy-to-read, invaluable book for any artist. Some professional artists might have already been exposed to some ideas in the book (though I bet you'd find at least one or two new ones!); however, the author's presentation and format of the book provides an important and easy-go-to resource for all artists to remember and, more importantly, to PRACTICE the ideas included.Her personal stories, gentle encouragement, and very practical suggestions on maintaining one's practice have revitalized my own journey.The book, in 63 pages, manages to hit on multiple practices that I need to consider in organizing my studio, my mind, and family life. (Reminders such as, "When we are not conscious of the direction of our thoughts, we can get sucked down in a negative spiral." (p.22) are gems that pop me back into the moment - quotes that I want to post on my studio wall.)On top of this, Michele includes examples of her own art that provide their own additional invitations for contemplation. You won't get a lot of specific examples on the size of paintbrush you need, the way you should sit when meditating, nor a guide on writing an artist-business plan. There are many other books that offer chapters upon chapters of information on that.What this book does offer is a uniquely succinct introduction and overview of practices that will keep an artist in flow with her work and life. It already resides on my nightstand, serving as a priceless reference to remind me of those things I might now know...but all too often, forget to practice.1 of 1 people found the following review helpful. Excellent and practical, a great source.By marujal highly recommend this book. As an Artist, I have had my share of blows; seeing my work and ideas taken by others and with small changes used as if their own. It happened in college, as well as in the professional field while bringing my illustrations to many Companies in big cities. I turned to teaching Art and other skills to make a living and as I was rearing my children I just did not have the time to execute serious paintings, I even avoided it. However, drawing for me is a vital as water and I never have stop drawing on a daily basis.Of lately, I have been doing illustrations and oil and acrylic paintings again but still holding to the reluctance I describe above. Until I read this book by Michele Theberge.Her work has been a great help in letting my reservations take a back seat and I am currently in the planning stages of uploading a portfolio of my work to some reputable places.

Ready to get more on top of your art practice and career? Artist Michele Thberge shows how to create a sustainable, satisfying career and art practice from the inside out. Many talented people give up on a creative career because they were taught the tools and skills of their craft but not how to actually live a fulfilling life as an artist. While numerous books teach artists the very practical aspects of building a careerhow to prepare a website, approach galleries, apply for grants and mount exhibitions many artists lack the wherewithal to develop their work over the long haul and advance it in a public forum. This book puts forth habits, practices and a mindset crucial for the artist to create and share his or her work while maintaining both health and a lasting sense of well-being. It contains practical advice how to develop and sustain a creative practice while dealing with rejection and self-doubt, the importance of crafting a vision for one's work and setting specific goals for it and cultivating a critical and supportive community. Aspiring artists as well as established professionals will find the same encouraging, calm and inspiring advice Michele offers on TheMindfulArtist.com.

About the AuthorMichele Theberge is a visual artist based in Californias San Francisco Bay Area. She is known for the quiet, meditative quality of her drawings, paintings and installations constructed from delicate and light materials such as paper, paint, fabric, mylar, foil and pins. Collected internationally, her work has been exhibited in New York, Osaka, Kyoto, London, Cologne, Chicago, Hong Kong, San Francisco, Miami and the United Arab Emirates. As a recognized expert in acrylic painting materials and methods, Michele has traveled the U.S. and Canada inspiring thousands of artists from beginners to established professionals with the latest techniques and materials. Her popular online Mindful Artist Mentorship Program (www.themindfulartist.com) brings both established and emerging artists into a deeper level of connection with their practice and helps them to become more focused and effective in their career. Find free articles and videos at www.themindfulartist.com.