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Shifting Gears: How to Master Career Change and Find the Work That's Right for You

Carole Hyatt

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From Library JournalThis book addresses the fact that most people will have several career changes in the decades ahead. These changes can be self-initiated, such as a move from industry into one's own business, or can be imposed as a result of downsizing or merger. Hyatt uses the results of interviews with 300 people who succeeded in career transitions to develop a framework for self-evaluation and mastering the career change process. This process includes understanding individual work styles, identifying the triggers of change, getting stuck, dealing with barriers to change, and defining career paths. Throughout the book, short stories of successful career transitions are discussed. Particularly timely in today's corporate climate, this book is highly recommended for all general collections.- Jane M. Kathman, Coll. of St. Benedict, St. Joseph, Minn.Copyright 1990 Reed Business Information, Inc.