

# Shut Up And Go!: A Millennial's Guide To Figuring Out What You Want And How To Get It

Brandon Dempsey

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# SHUT UP AND GO!



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Are you happy with where you are in life today? Do you feel fulfilled in work, family, personal accomplishments, and your impact on your community? Shut up and Go! is your guidebook to creating the life you want. Combining a decade of studying, knowledge, and learning about inner discovery and accomplishing your goals, Shut Up and Go! is filled with practical tools, insights, and action steps you can take to craft an amazing life. While most books focus on where you should get, but leave you lacking a clear next step, this book provides the how to make it a reality. People all around you are living lives of fulfillment and purpose. You should be too. Its time to Shut up and Go!