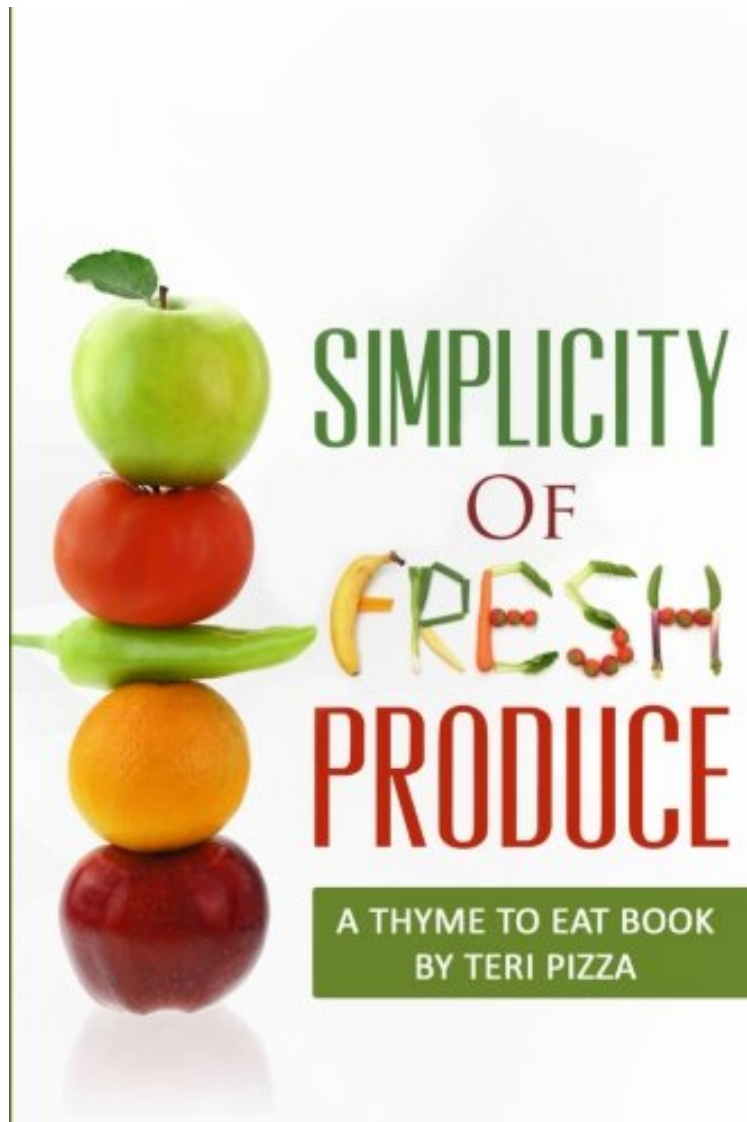


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Simplicity of Fresh Produce

Teri Pizza

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Teri Pizza : Simplicity of Fresh Produce before purchasing it in order to gage whether or not it would be worth my time, and all praised Simplicity of Fresh Produce:

1 of 1 people found the following review helpful. A great reference book to have.By Jackie L. CobbProduce is best when in season and fresh and Simplicity of Fresh Produce is a great reference book to have. I especially enjoy reading the Tips, Nutrition and Health, and Triva sections. I would give this book 10 stars if I could because I know how much time and effort went into its preparation.2 of 2 people found the following review helpful. A For Aspiring ChefsBy CustomerGreat book about which vegetables are in season for use at different times of the year.2 of 2 people found the

following review helpful. Very useful information. By Janet L. Gullo Great information presented in an easy to use format.

An easy-to-use guide that promotes inclusion of fresh, seasonal fruits and vegetables in everyday cooking. Tips on selection, storage, and basic preparation for 70 items of produce it can help everyone cook more like a pro, save money, waste less, and eat better in the process! Produce is presented alphabetically so each fruit and vegetable's information can be accessed quickly. Written in an upbeat style, the author has also provided nutritional, health and trivia facts. "It is," as one unsolicited reviewer stated, "an essential staple for every kitchen!"

About the Author Teri Pizza is a self described fresh-food 'foodie', columnist and speaker. She has authored two books: *The Joy of Growing Old With God* in 2012 and this one, *Simplicity of Fresh Produce*. A devout advocate of fresh-from-the-farm cooking, Teri now writes to help others learn why fresh food is simply sensational. This book helps all cooks get the most from their produce by saving more, wasting less, and eating better. It is a "must have" for every American kitchen. Teri says she tiptoed into writing by producing sales sheets, fliers, newsletters and then later, larger projects like directories, policy and office manuals for employers in Chicago and Washington D.C. Upon retirement, she did what she has done before, put her talent to work editing cookbooks and even a gardening guide to help raise funds for various religious and civic organizations. After a career as Realtor: agent, broker, manager and eventual owner, Teri retired to a peaceful mountain top home overlooking the Smoky Mountains. It was a nudge from God, she says that turned winter trips to Panama City Beach, Florida into research opportunities. She started to cook and bake her way through bushels of produce and *Simplicity* is the result of that effort. Teri and her husband, John currently reside in Gatlinburg, TN and Ocala, FL.