

(Download pdf) The Best of Cooking in South Africa

The Best of Cooking in South Africa

Lynn Bedford Hall

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Lynn Bedford Hall : The Best of Cooking in South Africa before purchasing it in order to gage whether or not it would be worth my time, and all praised The Best of Cooking in South Africa:

0 of 0 people found the following review helpful. Great RecipesBy Loraine Howard-BrowneAwesome recipes. Bought this copy for my daughter and she was delighted with it. Definitely worth purchasing a copy, if you can find one.

The author has selected more than 300 of her favourite recipes and the result is this book, gloriously illustrated with over 300 full colour photographs. The range of recipes is wide: from starters, soups and salads to main course meals (including vegetarian dishes), decadent desserts and cheesecakes. A section on baking includes recipes for cakes, biscuits, scones, tea breads, yeast breads, rolls, and confectionery. The emphasis is on locally available ingredients, wholesome meals that are easy to prepare, and dishes that require little last minute attention. Whether your preference is for simple family fare or for elegant entertaining, this colourful volume will inspire every cook to approach food with renewed creativity.