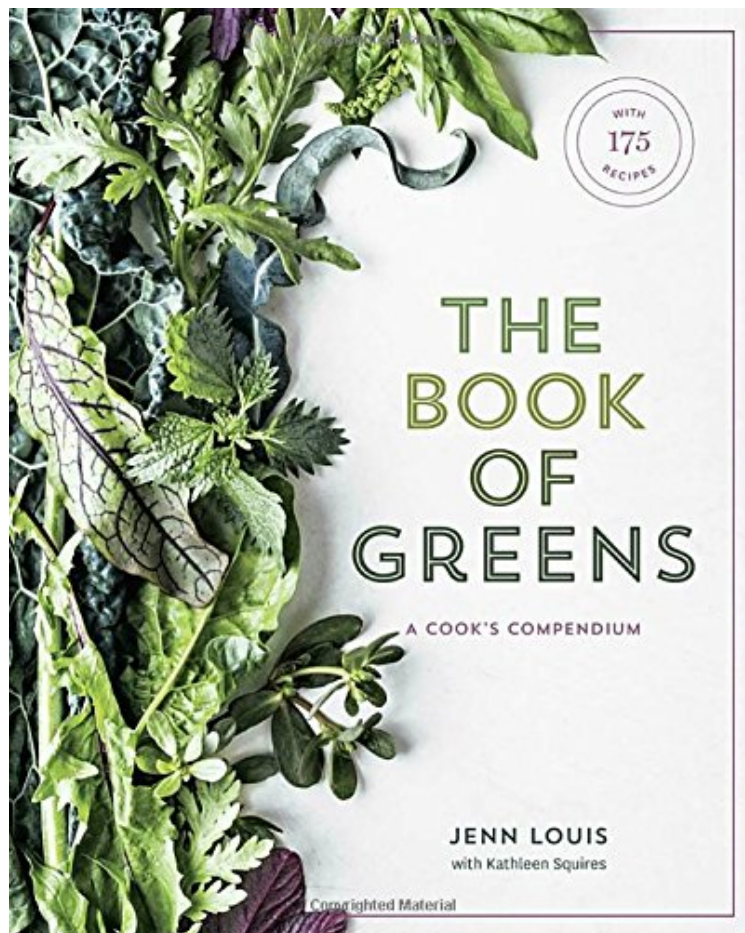


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## The Book of Greens: A Cook's Compendium of 40 Varieties, from Arugula to Watercress, with More Than 175 Recipes

Jenn Louis, Kathleen Squires

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#115735 in Books Kathleen Squires Jenn Louis 2017-04-11 2017-04-11 Original language: English 10.30 x 1.20 x 8.30, 1.25 #File Name: 160774984X328 pages The Book of Greens A Cook's Compendium of 40 Varieties from Arugula to Watercress with More Than 175 Recipes | File size: 74.Mb

**Jenn Louis, Kathleen Squires : The Book of Greens: A Cook's Compendium of 40 Varieties, from Arugula to Watercress, with More Than 175 Recipes** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Book of Greens: A Cook's Compendium of 40 Varieties, from Arugula to Watercress, with More Than 175 Recipes:

From one of Portland, Oregon's most acclaimed chefs comes this encyclopedic reference to the world of greens, with more than 175 creative recipes for every meal of the day. For any home cook who is stuck in a three-green rut who

wants to cook healthy, delicious, vegetable-focused meals, but is tired of predictable salads with kale, lettuce, cabbage, and the other usual suspects. The Book of Greens has the solution. Chef Jenn Louis has compiled more than 175 recipes for simple, show-stopping fare, from snacks to soups to mains (and even breakfast and dessert) that will inspire you to reach for new greens at the farmers market, or use your old standbys in totally fresh ways. Organized alphabetically by green, each entry features information on seasonality, nutrition, and prep and storage tips, along with recipes like Grilled Cabbage with Miso and Lime, Radish Greens and Mango Smoothie, and Pasta Dough with Tomato Leaves.