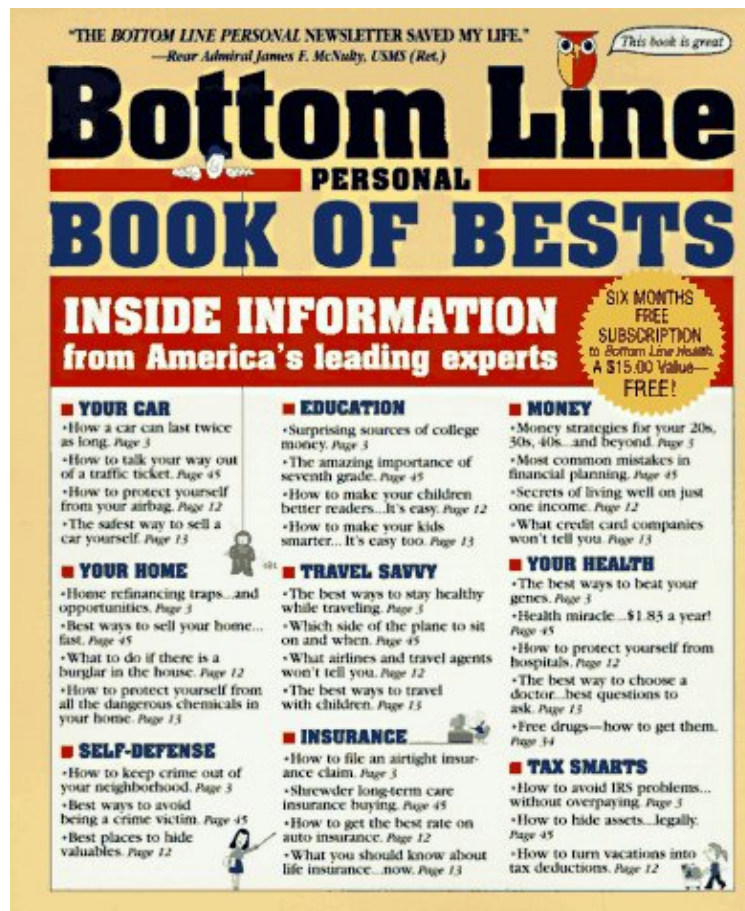


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The Bottom Line Personal Book of Bests: Inside Information from America's Leading Experts

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Interesting Reference Guide, but Limited in Scope By Bryan Carey The Bottom Line Personal Book of Bests is a reference format type of book that guides readers in ways to improve health, education, self-defense, money management, retirement, and other personal topics. The book is divided into a total of nineteen different sections, with each area explaining common mistakes and how to avoid making them in the future. Written like a troubleshooting guide and a preventive maintenance tool, this book is sometimes obvious and sometimes surprising. I read with interest some of the areas where I generally don't know as much as I should, like the section on automotive care. Here, I found some very useful tips that I had never heard about before. Other areas, like the section on career, are also very helpful and they offer advice that could apply to anyone. The main problem that I have with this book is that the sections themselves are too short to offer the type of thorough advice that they should. With a total of 320 pages in the book and nineteen total sections, the pages per section works out to only about sixteen. This isn't enough, in many instances, to adequately cover all there is to talk about with some of these subjects. This book is no substitute for general reference guides like almanacs, dictionaries, or anything else. But it still offers some value and I recommend adding it to your self-help library. It's not the best book around, but it can come in handy when you need a quick solution to a problem relating to one of the key areas covered in this book.

Based on a popular newsletter, a new guide to living life better provides readers with tips on everything from taxes to calling 911, and includes advice from such experts as Deepak Chopra, Peter Lynch, John Gray, and Kenneth Cooper.

From Library Journal Owing to the popularity of the newsletter Bottom Line Personal, this book is likely to be sought after by patrons. It includes tips previously published in the newsletter as well as some new information on health, finances, self-defense, career, retirement, home, family, vehicles, personal issues, leisure, travel, and education. Articles are written by authorities in those fields and typically include a statement of the author's credentials. Some of the authors are household names?e.g., Peter Lynch, Deepak Chopra, Dr. Robert Arnot, and Jeff Cox. Including both longer articles and shorter, bulleted tips on each page, this guide is a bit more browsable than Larry Roth's The Best of Living Cheap News (LJ 10/15/96), which consists only of longer pieces. Ease of use, accurate information, and the link to the well-known newsletter make this a worthwhile purchase for those public libraries looking to update a consumer affairs collection. ?Bonnie L. Poquette, Arthur Andersen, Milwaukee, Wis. Copyright 1997 Reed Business Information, Inc.