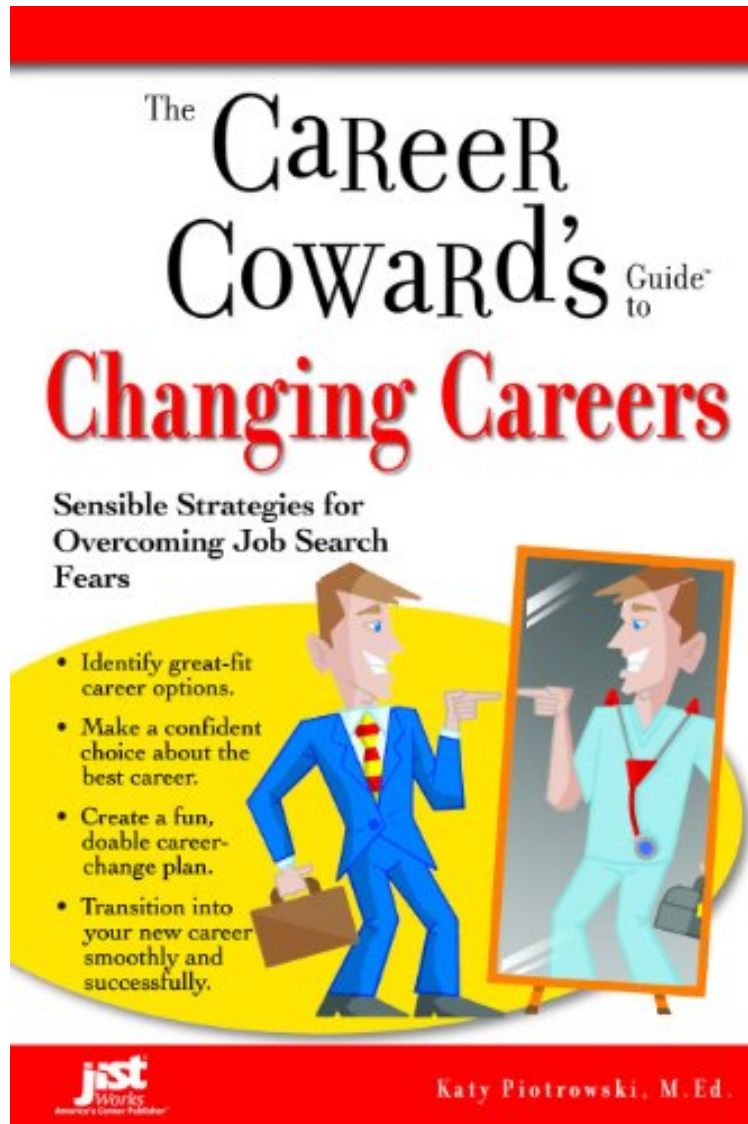


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The Career Coward's Guide to Changing Careers: Sensible Strategies for Overcoming Job Search Fears (Career Coward's Guides)

Katy Piotrowski M.Ed.

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Katy Piotrowski M.Ed. : The Career Coward's Guide to Changing Careers: Sensible Strategies for Overcoming Job Search Fears (Career Coward's Guides) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Career Coward's Guide to Changing Careers: Sensible Strategies for Overcoming Job

Search Fears (Career Coward's Guides):

6 of 8 people found the following review helpful. A Must-Read Blueprint for Changing Careers By MRP Making a career change can feel traumatic. So many fears and doubts can get in the way. How do you start? How do you decide what career to pursue? Is it really possible? The Career Coward's Guide to Changing Careers answers all of these questions and more. There are 3 reasons I recommend purchasing this book if you are even contemplating a career change: (1) This book gets to the heart of what stops you from making a career change--your fear. Each chapter contains a golden nugget called "The Panic Point!" that identifies the specific fears career changers have and more importantly, shows you how to overcome them. (2) This book isn't theory; it's fact. Katy has worked with hundreds of career changers. In fact, as I was reading this book, I was thinking, "Boy, a lot of what she describes mirrors how I made my own career change." (I'm a former practicing lawyer-turned-career coach for lawyers.) From brainstorming exciting career possibilities to deciding which career is for you to re-crafting your resume, this book covers it all from A-Z. (3) It's easy to get bogged down in career books. Not this one. It's clear, concise, and fun to read. It is indeed a step-by-step guide. Beware: If you're just interested in complaining about how your career makes you miserable, don't read this book. Because if you do and you do the exercises, you may find yourself transitioning to a career you love!

0 of 1 people found the following review helpful. Low Risk Read By Terry Pile The risk is low in reading this book and the rewards are high. Katy Piotrowski offers a clever format for working through a career change. There are lots of books on this subject and the exercises in this book are not unique, but the process is easy to follow and makes a lot of sense. I like the Risk Rating formula given to each phase of planning a career change and the Panic Points that address common concerns that career changers face. I especially like the chapter on handling Career Change Confusion, because it is an important but frustrating stage in the career change process. Also helpful are the case studies at the end of each chapter. This is a book worth investing in if you are considering a career change, so don't be a coward...go for it.

4 of 5 people found the following review helpful. From the Biggest Coward By Marybeth S. Scott The title of this series is what caught me; if we would only admit it, we are ALL cowards when it comes to career change. Being in an older age bracket doesn't help, but this book did, immensely. Clear, fun, and wonderfully positive, the author takes you through easy steps towards something that could have been so daunting. I loved the "Pinpoint Your Passion Zones" section, the Best-Kept Career-Change Secret, and the help with handling career-change confusion. I could see myself in some of the Career Champ Profiles. Really, this was all I needed to boost my confidence to make a successful career change.

The second book in the revolutionary Career Coward's series helps you tackle one of the most intimidating job search situations you might ever encounter: changing careers. Maybe you're unhappy with your current work, or maybe you've been laid off in an industry that is losing jobs. In her friendly and comforting style, career coach Katy Piotrowski walks you through all the basic steps of transitioning from your current career to a new one that you will love

"I found Katy's guidance, advice and support to be extremely valuable as well as practical and accurate." -- SCE "Katy helped me get out of my own way, pursue my passion, and keep taking risks." -- Tana M. "When you take the plunge Katy advises, you take complete control of your future." -- Brian Tracy "With Katy's support I was able to realize that there are a world of possibilities out there for me!!" -- Kathleen P. "Without Katy's help, I'm not certain I would have finally recognized my own right livelihood." -- Laura C.

About the Author Katy Piotrowski, M.Ed., author of JIST's new Career Cowards series, has been a career counselor in private practice in Ft. Collins, Colorado, for fifteen years. She has a master of education degree in counseling and career development and has assisted thousands of individuals toward achieving their career goals through a variety of career counseling and support tools. Additionally, Piotrowski has worked with organizations on career development and transition projects. She has also taught graduate-level career counseling courses at Colorado State University. Piotrowski holds many workshops to help job seekers overcome their job search fears and succeed in finding a career that is right for them. She sits on multiple workforce center boards and is the author of the weekly "On the Job" career advice column that has been featured in the Ft. Collins Coloradoan for more than thirteen years. Piotrowski has received "Business Associate of the Year", recognition from the American Business Women's Associates and was recognized nationally as a "Top-10 Career Counselor of the Year" for effectiveness in helping her clients achieve their career objectives.