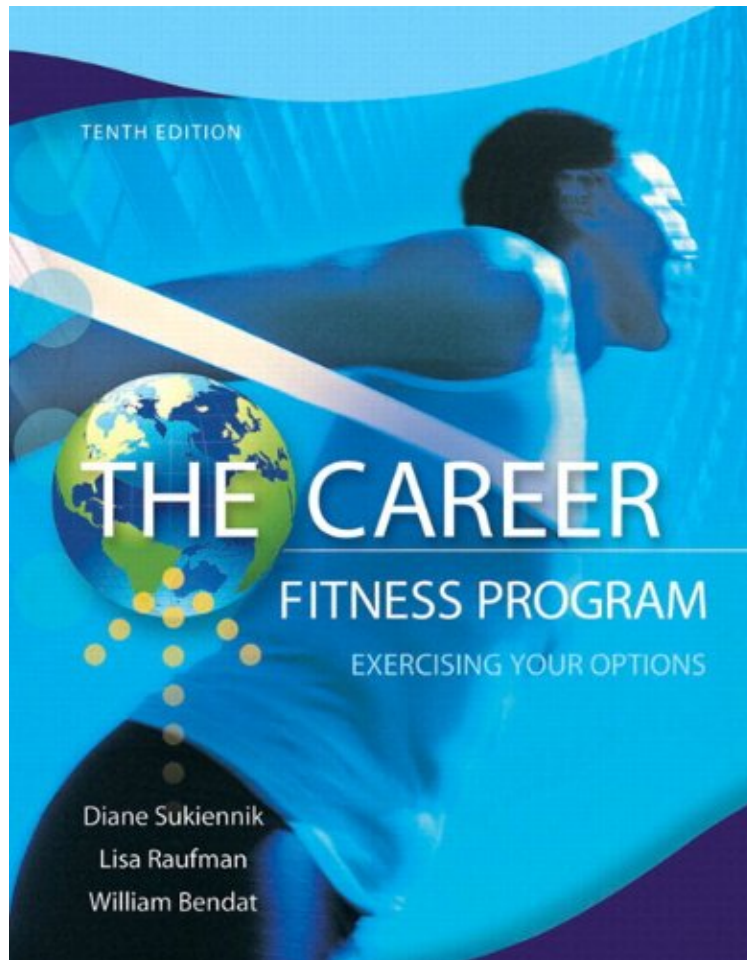


[PDF] The Career Fitness Program: Exercising Your Options Plus NEW MyStudentSuccessLab Update -- Access Card Package (10th Edition)

The Career Fitness Program: Exercising Your Options Plus NEW MyStudentSuccessLab Update -- Access Card Package (10th Edition)

Diane Sukiennik Professor Emeritus, Lisa Raufman Professor Emeritus, William Bendat
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0 of 0 people found the following review helpful. Does what it says on the labelBy S. PittsAs an adult student who's returning to school after many years of being in the workforce, most of the material in this book is well below my

current level of experience and knowledge (especially since my career path has essentially centered around writing and teaching on these very topics), and I'm only taking the class because it's a core requirement for my major. However, my fellow recent-HS-graduate students seem to be getting a lot out of the material and having some "aha" moments, so it clearly has value for those who are just starting out on their job/career journey. From my perspective on the publishing side of things, the material is clearly written and reasonably thorough and engaging. I do find it to be a bit narrow in scope in terms of potential career options (the options they use to demonstrate their "personality type" categories felt narrow in scope and left out quite a few of the more interesting possibilities, and hew closely to the mainstream). But if you allow for that and take the initiative to seek further information, using this book as a starting point rather than a complete index, the exercises and materials can be a useful tool for pointing you in the right direction.

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