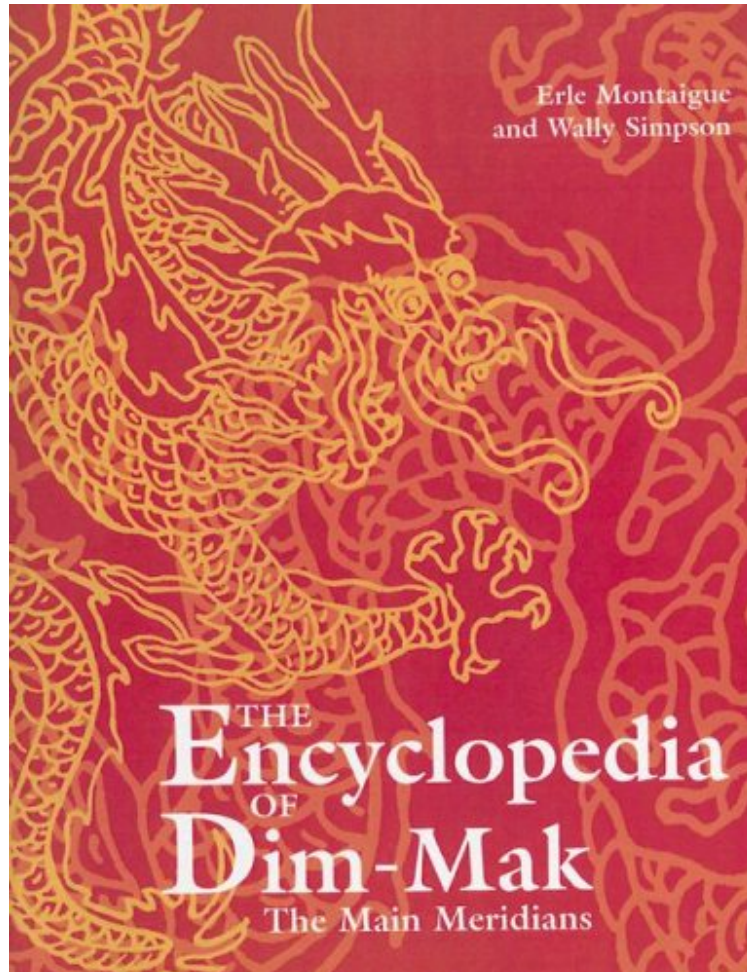


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## The Main Meridians (Encyclopedia of Dim Mak)

*Erle Montaigue, Wally Simpson*  
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**Erle Montaigue, Wally Simpson : The Main Meridians (Encyclopedia of Dim Mak)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Main Meridians (Encyclopedia of Dim Mak):

1 of 1 people found the following review helpful. excellent!By Tony.I loved it. Lot's of info to help you find the points and to hit them. Also their healing benefits. It would take much time to learn them all, but that's not what this is about. You pick the points that benefit you and your style and also your personality, after all not every one wants to learn to seriously hurt another. There are deadly points as well as knock out points, so you need to pick the points you like and can utilize. A very handy and knowledgeable book. This is one for the serious martial artist, this is serious stuff and it's full of information that you will keep coming back to. This book is one of the best. You will need to get the second book, The Extra Meridians, Points, And More (Encyclopedia of Dim-Mak), to get the full benefit. They're both worth it!!!0 of 0 people found the following review helpful. the power of healingBy Jr paganVery good book, for those interested in the art of healing...0 of 0 people found the following review helpful. Five StarsBy John AtkinsonGreat

guide

Combining Master Erle Montaigues expertise with that of one of Australias foremost acupuncturists, this remarkable work addresses the healing and martial sides of dim-mak under one cover for the first time ever. Every point on each of the 12 main energy meridians is examined in depth.

About the Author Erle Montague was the first Westerner to be granted the degree of Master in taijiquan and dim-mak. In 1995 Erle was invited to study with Liang Shih-kan, the leader and keeper of the now almost extinct forerunner to taijiquan, the Wutan Shan System of Boxing, thus becoming the only Westerner and one of a handful of people to be taught the nine qi-disruptive methods. He serves as head of the World Taiji Boxing Association (WTBA), which has schools in more than 30 countries. He is highly regarded internationally as one of the leading instructors of the internal martial arts, including taijiquan