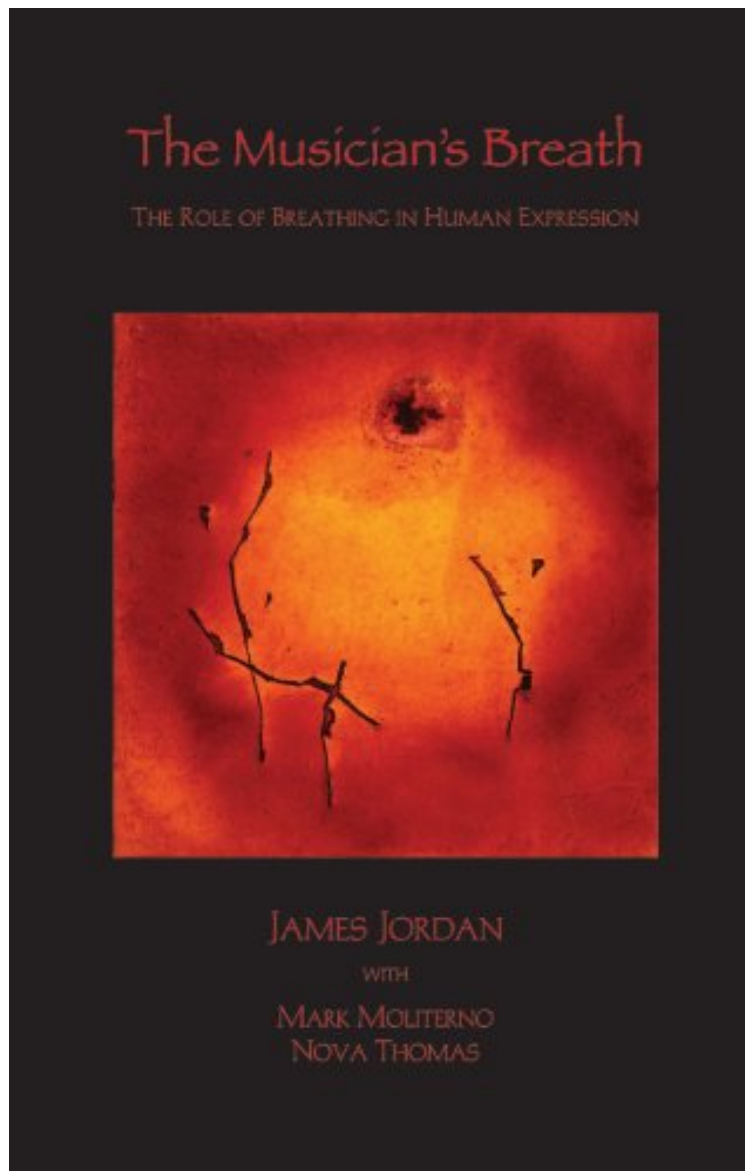


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The Musician's Breath: The Role of Breathing in Human Expression

James Jordan, Mark Moliterno, Nova Thomas
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James Jordan, Mark Moliterno, Nova Thomas : The Musician's Breath: The Role of Breathing in Human Expression before purchasing it in order to gage whether or not it would be worth my time, and all praised The Musician's Breath: The Role of Breathing in Human Expression:

1 of 4 people found the following review helpful. Informative for serious singers. By Anita Stotser I bought for gifts. I'm sure that it will be meaningful to those who read this book. Thanks for your prompt delivery. 3 of 44 people found the following review helpful. Unnecessary Mixture By Apollos of Texas While the authors were competent in teaching choir music, singing and conducting, the introduction of yoga to the musicians is potentially harmful for its Christian readers. Yoga is not only a physical exercise, but a spiritual union with the pantheistic greater self (Brahman). It opens a gateway for demonization. While the singer is trying to reach harmony with other member of the choir, he/she may actually have disharmony with Christians around, who are filled with the Holy Spirit. Imagine a demonized choir singing to the LORD: There could be only emotionalism without substantial communion. For the potential damages of yoga to Christian spirituality, see Judy White's *The Heart of Yoga Revealed*. If singing is as good as yoga for health, why not just do the singing without yoga?

Examining breath in its role as the delivery system for ideas in musical performance, this provocative book makes a compelling case for the power of submitting oneself to its miracles. The study is divided into two sections the first discussing the why of breathing and the second providing the how with practical applications for singers, instrumentalists, and conductors. Unique perspectives on the practice of yoga and other paradigms help to reveal the breaths potential, ensuring that all musicians from choral directors to solo instrumentalists can deepen their understanding of human expression through this simple practice.

About the Author James Jordan