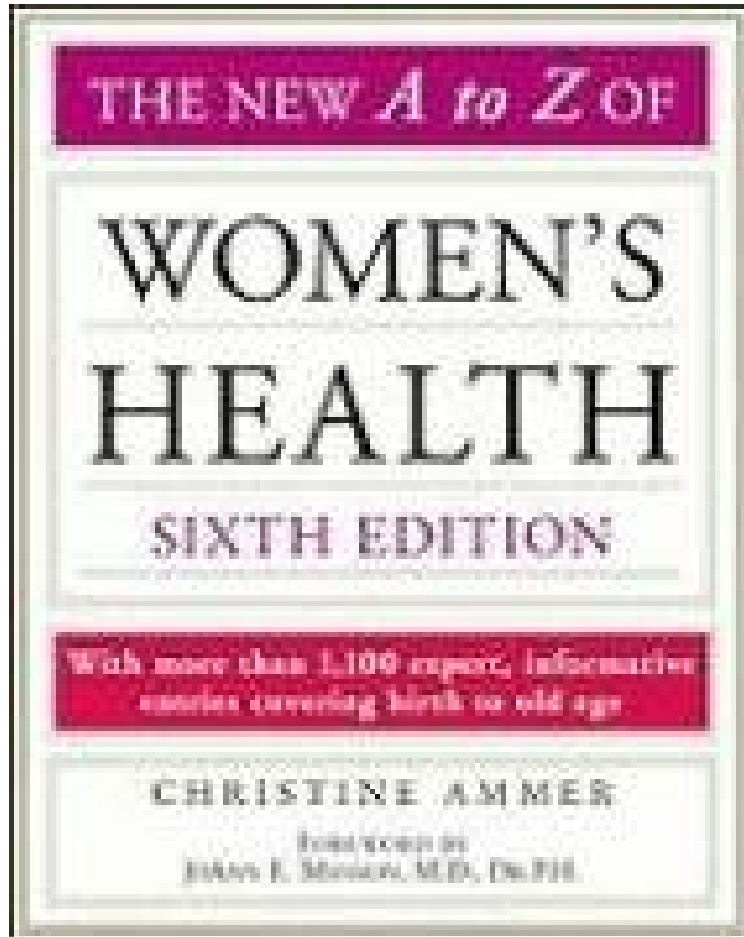


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The New A to Z of Women's Health

Christine Ammer

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Christine Ammer : The New A to Z of Women's Health before purchasing it in order to gauge whether or not it would be worth my time, and all praised The New A to Z of Women's Health:

The definitive resource on women's health--updated.

From Booklist The latest edition of The Encyclopedia of Women's Health will not disappoint librarians seeking a current, compact, readily understandable resource for people interested in women's health issues. It continues its tradition as a trustworthy guide through a complex, often overwhelming sea of gender-relative information. The volume provides more than 1,000 alphabetically arranged entries. Their length ranges from a line or two to multiple pages. The encyclopedia not only clarifies but it also empowers by offering women effective, no-nonsense tools. Within the Breast cancer entry, for example, is a table that asks, "If You Have Breast Cancer, Does Your

Physician/Surgeon:"; completing that phrase is a checklist of 16 questions for patients to ask their health-care providers, such as "Use local anesthesia for a biopsy if a woman requests it?" and "Encourage patients to get a second opinion about alternative procedures?" Several detailed black-and-white drawings clearly enhance the efficacy of accompanying text. There are also tables provided in several entries. Again, their presence is very helpful by vividly conveying an otherwise complicated message. "Basal Body Temperature Chart" and "The Menstrual Cycle" are two such tables. Included as an appendix is a multipage resource section. Here may be found phone numbers and URLs for more than 150 organizations related to women's health, including the Black Women's Health Imperative, American Association of Acupuncture and Oriental Medicine, National Alliance of Breast Cancer Organizations, Gay and Lesbian National Hotline, and the Vulvar Pain Foundation. All are carefully grouped under alphabetized topical headings. The comprehensive index is a reader-friendly tool. Very useful for professionals and general audiences, including young adults, The Encyclopedia of Women's Health is recommended for all public library and consumer health collections. Scottie Wallace Copyright American Library Association. All rights reserved "...continues its tradition as a trustworthy guide...Very useful...recommended..." - Booklist"About the AuthorChristine Ammer is the author of more than three dozen reference books, on subjects ranging from classical music to women's health. Her books on words and phrases include "Facts on File Dictionary of Cliches; Seeing Red or Tickled Pink; Fighting Words from War, Rebellion, and Other Combative Capers; Southpaws and Sunday Punches; Cool Cats and Top Dogs;" and "Fruitcakes and Couch Potatoes. "She lives in Lexington, Massachusetts.Manson is professor of medicine at Harvard Medical School and chief of the Division of Preventative Medicine at Brigham and Women's Hospital.