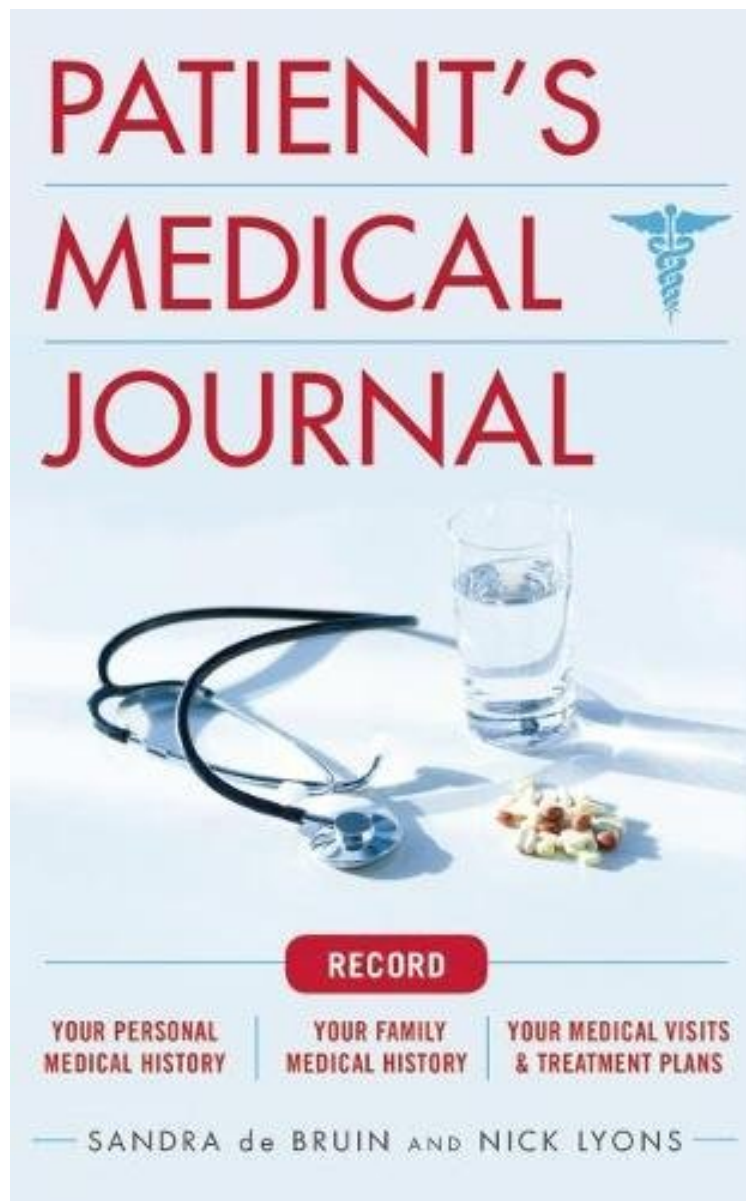


(Download free ebook) The Patient's Medical Journal: Record Your Personal Medical History, Your Family Medical History, Your Medical Visits Treatment Plans

# The Patient's Medical Journal: Record Your Personal Medical History, Your Family Medical History, Your Medical Visits Treatment Plans

*Sandra de Bruin, Nick Lyons*

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**Sandra de Bruin, Nick Lyons : The Patient's Medical Journal: Record Your Personal Medical History, Your Family Medical History, Your Medical Visits Treatment Plans** before purchasing it in order to gauge whether or not it would be worth my time, and all praised *The Patient's Medical Journal: Record Your Personal Medical History, Your Family Medical History, Your Medical Visits Treatment Plans*:

0 of 0 people found the following review helpful. This is not a journal  
By Marja E. There are extensive sections to keep track of doctors, known health issues, test results, and especially office visits, but there isn't one page to keep track of day-to-day symptoms. I bought this to track my day-to-day symptoms, to see what might worsen or relieve my symptoms. I can't use this for that. Maybe this will help clear up whether this book will fit your needs.  
7 of 8 people found the following review helpful. A great way to keep track of doctor's visits!  
By gillosu I love this book because it got me finally to sit down and record everything I've done medically, from booster shots to mammograms, with dates. My husband looked at my entries and thanked me, and said he'd like a copy of the journal for himself. I put it to the real test yesterday when I came home from a visit with an orthopedic surgeon. His counsel to me was, "Call me when you're in pain. For now, don't worry." Those words went in, and I closed the cover. If there's any quibble, it's that there's no place to record your blood type (though there are plenty of places to note it). I look forward to using this journal again and again.  
3 of 3 people found the following review helpful. Five Stars  
By jewel chaney it is great keep everything together with it

An easy way to keep track of your medical records for years to come.  
The Patients Medical Journal is a medical diary for patients and their families. It is designed to help patients remember and organize medical information about their and their families past and present health. The information, once recorded, will come in handy when filling out medical forms for doctors and hospitals.  
The book is divided into sections to record all pertinent information, such as:  
A personal medical directory for information about health providers and insurance companies  
Past surgeries  
Major illnesses  
Allergies  
Vaccinations  
Current medications  
Lab tests  
And family medical history  
Once you've recorded your past, there's a new section where you can record information for your upcoming medical visits, the purposes for the visits, and the treatment plan you've outlined with your health-care professional. In no time at all, you can compile a compact diary of your medical history for convenient use in the future.

About the Author  
Sandra de Bruin is a writer who has written for television and magazines and is the creator of the Actors Audition Log, the Performers Workshop Log, and the Film Buffs Log. She is also an actress who has appeared in more than one hundred television shows, several major films, commercials, and many Los Angeles stage productions. She resides in Los Angeles, California.  
Nick Lyons is a former English professor and book publisher, as well as the author and editor of many books on various topics, his famous Spring Creek and his most recent, Fishing Stories. He resides in New York, New York.